



MICHIGAN RECOVERYCON & FILM FESTIVAL

**Macomb Intermediate School District
Friday, June 26, 2026**

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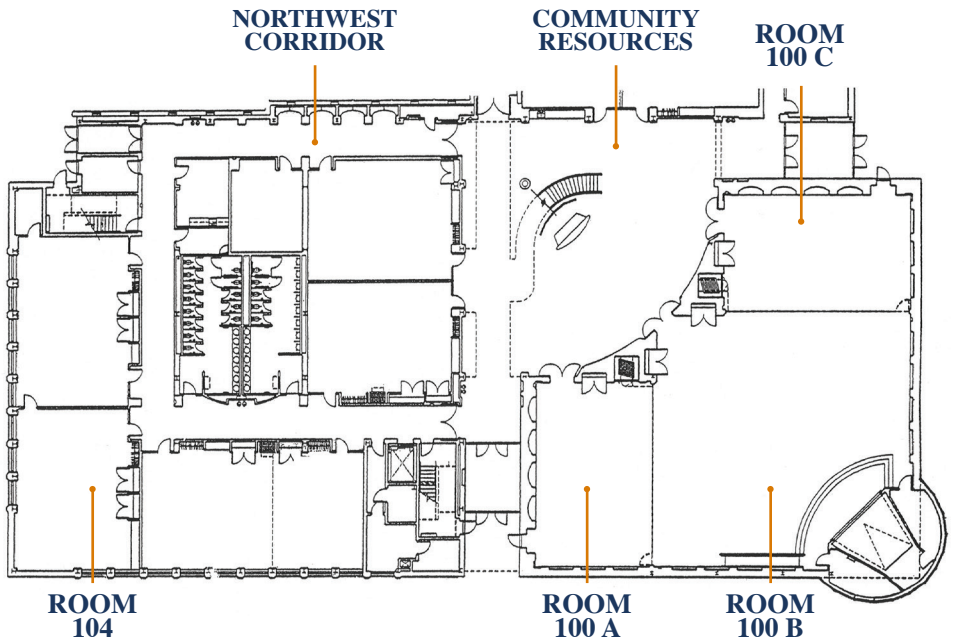
Macomb County Community Mental Health
D & M Consultants
Oxford House
Alessandra Rose
Live Rite Structured Recovery Corp

BOOKSTORE VENDOR

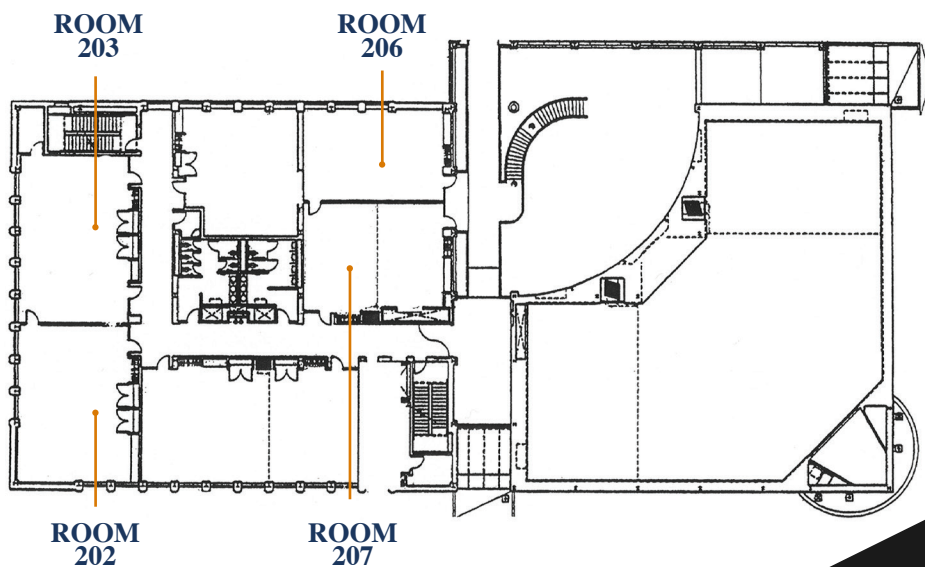


SITE MAP

LOWER LEVEL



UPPER LEVEL



ACTIVITY SCHEDULE

	11:00 AM	12:00 PM	1:00 PM	2:00 PM	
ATRIUM	Continental Breakfast-11:00am-12:30pm				
100 A	Art Journaling: The Healing Power of Art-11:00am-3:30pm				
100 B		Walking With, Not Fixing-11:45pm		Tranq Toxicity-1:30pm	
100 C	Fun, Games, & Trivia-11:00am-3:30pm				
103					
104					
202		Recovery Yoga-12:00pm		Rooted in Recovery- 1:45pm	
203		SMART Recovery Tools-12:15pm		Being a Healthy Supporter-1:30pm	
206		Narcotics Anonymous-11:30am	Alcoholics Anonymous-12:30pm	Narcotics Anonymous-1:30pm	
207A		Films-11:30am-5:30pm			
Northwest Corridor		Expungement Clinic-12:00pm-4:00pm			
Michigan/ Superior Room					

3:00 PM

4:00 PM

5:00 PM

6:00 PM

7:00 PM

12:00pm-1:00pm		1:00pm-2:00pm		2:00pm-3:00pm		3:00pm-4:00pm		4:00pm-5:00pm		5:00pm-6:00pm	
Youth Coalition-2:30pm		The Catalyst-2:30pm		Youth Mental Health Priorities- 4:00pm-5:30pm		Keynote Speech-5:45pm-7:00pm					
h-3:45pm		SMART Recovery-2:45pm		Recovery Dharma-4:00pm							
Refreshments-3:00pm											

Presentations & Panels will be running throughout the day.

PANELS & PRESENTATIONS

Breakout Session Sponsored by



ALLIANCE
OF COALITIONS
for Healthy Communities

11:45am-12:45pm

Room 100 B

Walking With, Not Fixing: Beyond the Label

Moderator: Chris Sexton, CPRC

Panelists: Caitlin Griswold, CPRC, Mary Holbrook, CPRC,
Holly Kotchman, CPRC, Michael Wenzel, CPRC

Justice-impacted individuals often carry labels and stigma long after incarceration ends, creating barriers to recovery, housing, employment, and community connection. This panel explores the unique role of recovery coaching within justice-impacted communities and how relationship-centered support can help restore dignity, hope, and empowerment. Panelists will discuss the difference between "fixing" individuals and walking alongside them through recovery and reentry, highlighting how peer support, lived experience, and person-centered approaches create sustainable change beyond traditional models focused on compliance or correction.

12:00pm-1:00pm

Room 202

Recovery Yoga: Breath, Body, Belonging

Presenter: Ricki Harmon, CPRC, CPRM, CHW, RYT-200

Recovery Yoga: Breath, Body, Belonging is a gentle, recovery focused yoga program designed to support nervous system regulation and help participants reconnect with their bodies. Each session uses slow, accessible movement, supportive props, and choice based cueing to create a grounded, trauma aware environment. Breathwork, mindful movement, and restorative rest work together to release tension, build resilience, and strengthen self connection. This program is accessible for all bodies and all stages of recovery.

12:15pm-1:15pm

Room 203

Smart Recovery Tools

Presenter: Heather Parton, NCFRC, CPS

Many people in recovery are familiar with the 12-step framework of AA and NA, others may have heard of Recovery Dharma; however, SMART Recovery provides a recovery method based on behavior therapy modalities to support people with SUD and/or process/behavioral addictions. Self Management and Recovery Training may offer something to supplement your current recovery pathway, provide a new recovery pathway, or offer new tools and support. The tools discussed in this presentation can work alone or in tandem with a "paved" recovery pathway.

1:30pm-2:30pm

Room 203

Being a Healthy Supporter: Understanding How to Support Someone with Substance Use Disorder While Taking Care of Yourself

Presenter: Gary Schafer

Gary will share what he learned about the disease of addiction and substance use disorders before, during, and after his son's active use and passing. Gary will share about the multiple pathways of his own recovery, including Al-Anon, GriefShare, and other support groups. And perhaps most importantly, he will share how two seemingly contradicting things can occur at the same time (supporting some with SUD while taking care of yourself), even if he did not learn how to balance those until after his son passed. A true navigation of a seeker's path through grief, shame, & regret to recovery & freedom.

1:30pm-2:30pm

Room 100 B

Tranq Toxicity: The Narcan Gap

Presenter: Sandra Cagle, RN, MSN, ACNP-BC, CARN-AP

The illicit drug supply is increasingly adulterated with Xylazine, a non-opioid veterinary sedative. This has led to an increase in "Naloxone-resistant" sedation, severe necrotic skin wounds, and complex hemodynamic instability that traditional opioid protocols (like COWS) do not adequately address.

PANELS & PRESENTATIONS

1:45pm-3:45pm

Room 202

Rooted in Recovery; Growing in Strength

Presenters: Ricki Harmon, CPRC, CPRM, CHW, Emily Wynkoop, BS

Strong Roots Parent Cafes are physically and emotionally safe spaces where people talk and hear each other on topics that matter to them, such as challenges and victories of raising a family in recovery from substance use disorder. Through individual deep self-reflection and peer-to-peer learning, participants explore their strengths, learn about Strong Roots and the Protective Factors, and create strategies from their own wisdom and experiences to strengthen their families.

2:30pm-3:30pm

Room 104

The Catalyst: What Propelled My Recovery Journey

Panelists: Sarah Matthews, CPRC, Brandi Brewer, Jimmy Gajewski, Bryan Nelson

Recovery often begins with a pivotal moment, significant event, or series of experiences that inspire an individual to seek change. This panel will feature individuals sharing the personal catalysts that led them to pursue recovery, the challenges and insights they encountered along the way, and how those experiences continue to influence their lives today. Through storytelling and reflection, participants will gain a deeper understanding of the diverse pathways into recovery and the resilience that supports long-term growth and healing.

2:30pm-3:30pm

Room 103

Meet Youth Sector Coalition Members: Voices, Vision, and Impact

Hear from Youth Sector Coalition members as they share what inspired them to join the coalition, the work they are leading, and the goals they hope to achieve. Through personal stories and reflections, members will discuss their current initiatives, the impact they aim to make during their time with the coalition, and how this experience supports their future aspirations as leaders and changemakers.

4:00pm-5:30pm

Room 100

Youth Priorities for Mental Health and Substance Use Policy

Hear directly from the next generation of leaders as high school students share their perspectives on the mental health and substance use issues that matter most to them. In this interactive panel, students will present their priorities, experiences, and policy recommendations to elected officials and community leaders. Topics may include youth mental health supports, substance use prevention, access to care, stigma reduction, school-based services, and creating healthier communities for young people. This session offers a valuable opportunity for policymakers to engage with youth voices, gain insight into the challenges facing adolescents today, and explore solutions that reflect the needs and priorities of young people.

4:00pm-5:30pm

Room 104

The Evolution of My Recovery

Panelists: Eddie Barnwell, Sean Forbes, CPRC, LLMSW, Steve Lawrence, Josh Wynkoop

Recovery is not a static process, it evolves as individuals grow, gain self-awareness, and discover what supports their well-being. Many people begin their recovery journey on a path shaped by circumstance, opportunity, or the resources available to them at the time. As recovery progresses, individuals often learn more about their values, strengths, needs, interests, and sources of fulfillment. This panel will explore how recovery pathways can change over time, highlighting the personal experiences of panelists as they adapted their recovery practices, embraced new opportunities for growth, and created lives that reflect who they are today.

5:45pm-7:00pm

Room 100

Keynote Speaker: Ryan Hampton

MEET OUR KEYNOTE SPEAKER:



A prominent advocate, speaker, author, and media commentator, Ryan Hampton travels coast-to-coast to add solutions to our national addiction and drug overdose crisis. In recovery from a decade-long opioid addiction, Hampton is regarded as a forefront expert and thought leader in America's rising addiction recovery advocacy & drug policy reform movements. An alumnus of the Clinton White House, he's worked with multiple non-profits and addiction recovery organizing campaigns. He's now a prominent, leading face and voice of recovery advocacy and is working to change the longstanding negative narratives about those impacted by addiction, recovery, and overdose.

Through his books and media, organizing campaigns, and social content that reaches millions, Ryan breaks down cultural barriers that have kept people suffering in silence and is helping to inspire a new generation of advocates recovering out loud, pushing for common-sense policy.

He was part of the core team that released the first-ever U.S. Surgeon General's report on alcohol, drugs, and health in 2016 and was singled out by Forbes the following year as a top social entrepreneur in the recovery movement. Ryan connects a vast network of people passionate about ending the overdose crisis in America. He has been featured by—and is a contributor to—media outlets such as the Today Show, the Associated Press, USA Today, MSNBC, ABC News, Fox and Friends, the New York Times, NPR, HLN, Vice, Slate, The Hill, the Wall Street Journal, and others.

RYAN HAMPTON

Ryan has received praise from Democrats and Republicans alike for addressing addiction as a trans-political issue—crossing the political spectrum to build an inclusive coalition focused on solutions. He works closely with the White House, Senate Democrats, Republicans, U.S. House leadership, and state legislatures across the country. Notably, he helped craft binding provisions addressing substance use disorder in the historic SUPPORT for Patients and Communities Act, signed into federal law in October 2018.

In 2016, he created the web series *Addiction Across America*, documenting his 30-day, 28-state, 8,000-mile cross-country trip visiting areas hit hardest by the addiction crisis. His first bestselling book, *"American Fix – Inside the Opioid Addiction Crisis and How to End It,"* was released by St. Martin's Press in August 2018. His second book, *"Unsettled: How the Purdue Pharma Bankruptcy Failed the Victims of the American Overdose Crisis,"* was released in September 2021 and chronicled his behind-the-scenes efforts representing tens of thousands of victims in the Purdue Pharma opioid settlement litigation. Ryan's third book, *"Fentanyl Nation: Toxic Politics and America's Failed War on Drugs,"* was published in 2024.

In 2019, Ryan was named by Facebook as an inaugural community leadership fellow and created the national advocacy initiative, Mobilize Recovery. Since its inception, Mobilize Recovery has recruited and trained over 8,000 new advocates from all 50 states focused on community-based solutions to end the addiction and overdose crisis. In 2022, Mobilize Recovery traveled to 25 states, hosting 35 organizing and advocacy training events throughout September and October, distributing 10,000 doses of free naloxone and over 11,000 fentanyl test strips.

Through the Overdose Response Initiative, a not-for-profit coalition Ryan helped to form in 2019, over 625,000 free doses of naloxone have been distributed in 21 states as of December 2022. The alliance comprises nearly 40 organizational stakeholders nationally, including Direct Relief International, the Clinton Foundation, and Mobilize Recovery.

He lives in Nevada with his husband, Sean, and their boxer puppy, Quincy.

CARE of Southeastern Michigan & Project Vox present

FINDING NEW HOBBIES IN RECOVERY



Visit to the Detroit Zoo



Golfing



Painting



Cooking



Yoga



Reading

Join Project Vox as we explore new hobbies for those in recovery. Just register & show up; we will take care of the rest!

CARE
OF SOUTHEASTERN MICHIGAN



Greater Macomb Project
VOX
"The Voice of Recovery"



FILM LINEUP

CLASSROOM 207A

Films will run fluidly through the day and are of varying lengths (a few minutes to a feature length films).

Please stop in to see what's playing.

It Stops With Me
Best Wishes and Good Luck
Self Loathing
Continue
No Family IS Immune
Recovery City
21st Century Monastery
That's When the Music Died
I Appreciate Your Concern
Clarity



OF SOUTHEASTERN MICHIGAN

**18441 Utica Road,
Roseville, MI 48066
586.541-CARE**

www.careofsem.com



CARE of Southeastern Michigan is dedicated to the prevention of alcohol, tobacco, and other drugs. Federal, state, and local funding have been provided through Michigan Department of Health and Human Services to support project costs.

Recipients of substance use services have rights protected by state and federal law and promulgated rules. For more information, contact CARE of Southeastern Michigan Recipient Advisor, 18441 Utica Road, Roseville MI 48066, PH: 586.541.2273 or State Recipient Rights Coordinator, P.O. Box 30664, Lansing, MI.