

## INDEPTH

INDEPTH is the American Lung Association's Intervention for Nicotine Dependence: Education, Prevention, Tobacco and Health program.



A forward-thinking alternative to suspension or citation for tobacco use, including e-cigarettes, INDEPTH addresses the teen vaping epidemic in a more supportive way. This interactive program teaches students about nicotine dependence, establishing healthy alternatives and making the change to be free of all tobacco products, including e-cigarettes.

This is a four session workshop. To register, visit [www.careofsem.com](http://www.careofsem.com) or call 586.541.2273. **Registration is due, Wednesday, February 23, 2022.**

FREE

TIME:  
4:00 pm – 5:00 pm

### DATES:

Wednesday, March 2  
Wednesday, March 9  
Wednesday, March 16  
Wednesday, March 23

*\*Please note: Face masks are required to participate.\**

### LOCATION:

CARE of Southeastern  
Michigan

*See Address Below.*