



TWEENS AND TEENS

ACTIVE PARENTING TEENS

Parents and caregivers will learn how to open up the lines of communication and encourage cooperation.

- Learn discipline techniques that encourage personal responsibility
- Skills for clear, honest communication
- Strategies to prevent risky behavior

\$5 per family

Class workbook included with registration

Scholarships available.

THURSDAYS | APR 18-MAY 23 6:30 pm - 8:30 pm

WEDNESDAYS | APR 24-MAY 29 6:30 pm - 8:30 pm THURSDAYS | APR 25-MAY 30 6:00 pm - 8:00 pm

Heritage Jr. High School 37400 Dodge Park Rd. Sterling Heights, 48312 Warren Woods Tower High School 27900 Bunert Rd. Warren, 48088 Mount Clemens Family YMCA 10 N. River Rd. Mount Clemens, 48046

Certificate upon completion of class.

Participants completing the class will also receive a \$10 Target gift card. Certificates will be distributed at the last class of the session.

ENROLL ONLINE

www.careofsem.com/classes/parenting-teenagers-classes



CARE of Southeastern Michigan is dedicated to the prevention of alcohol, tobacco, and other drug use. Federal, state and local funding has been provided through Macomb County Community Mental Health/Office of Substance Abuse, Early Childhood classes are funded through Great Parents - Macomb, a State of Michigan grant awarded to the Macomb Intermediate School District and other funding sources to support project costs. Recipients of substance use services have rights protected by state and federal law and promulgated rules. For information, contact CARE of Southeastern Michigan Recipient Rights Advisor, 31900 Utica Road, Fraser, MI 48026 (586) 541-2273 or State Recipient Rights Coordinator, P.O. Box 30664, Lansing, Michigan.