

*You can do anything you make
your mind up to do.*

For Treatment Providers:

How do I refer my clients?

You must first discuss and obtain consent from the client to refer them for services.

Once you have obtained consent, via a signed release of information, you must submit a request in FOCUS to the Macomb County Community Mental Health (CMH) Access Center. The release of information should also be submitted to the Access Center.

CMH staff will reply to your request and coordinate the referral to CARE once they have all the necessary information.

The Peer Recovery Supervisor will then link the client to the Peer Recovery Coach who will best meet their needs.



HOW WE CAN HELP

CARE of Southeastern Michigan's mission is to educate, link and support individuals, families, businesses and communities affected by family concerns, workplace challenges, mental health conditions and the misuse of alcohol, tobacco and other drugs.

MAIN OFFICE

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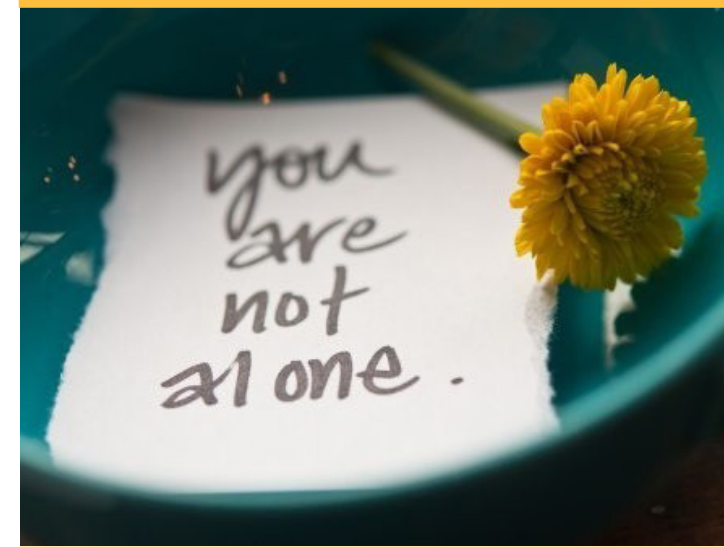
SCAN HERE TO KNOW MORE ABOUT US



Federal, state, and local funding have been provided through Macomb County Community Mental Health/ Office of Substance Abuse, Department of Human Services and the State of Michigan to support project costs. Recipients of substance use services have rights protected by state and federal law promulgated rules. For information, contact CARE of Southeastern Michigan Recipient Rights Advisor, 31900 Utica Road, Fraser, MI 48026, PH:(586)541-2273 of State Recipient Rights Coordinator, P.O. Box 30664, Lansing Michigan.

Peer Recovery Coach Program

Support and Education for the
Recovery from Alcohol and
Other Substance Use/Misuse



CARE
OF SOUTHEASTERN MICHIGAN

A Recovery Coach:

- Is a person living a life of sustained recovery
- Partners with an individual to establish a trusting and healing partnership
- Motivates, encourages, and educates
- Assists in exploring patterns of behavior with education on how to reframe addictive behavior
- Does not provide psychotherapy, psychiatry, or medicine
- Helps uncover roadblocks to recovery
- Realizes there are many paths to recovery
- Recognizes addiction is a chronic illness and is managed rather than cured
- Provides ongoing and continuous services in the event of a relapse
- Has a working knowledge of helpful community resources

A Recovery Coach will:

- Assist with developing and enhancing a person's resources and skills to manage their recovery from substance use
- Promote overall well-being
- Work with an individual to identify their strengths and achieve goals, incorporating motivational interviewing
- Meet with individuals in the community
- Assist in identifying and minimizing barriers to success
- Assist with coordination of treatment
- Provide resources and occasional transportation
- Be on-call 24/7 to provide support



Who Qualifies:

Peer Recovery Coach services are for individuals who are in a Macomb County Office of Substance Abuse (MCOSA) funded treatment program. These clients must be receiving Medicaid, Healthy Michigan, or county funding and reside in Macomb county.

Other qualifications include:

- Individuals with multiple/prior unsuccessful treatment attempts
- Individuals who are engaged in treatment and are ready to take action
- Individuals waiting for placement into treatment
- Individuals contemplating the need for help

Clients must also have one of the following needs:

Medical
Housing
Educational
Employment/Financial
Emotional Wellness/Mental Health
Transportation
Activities of Daily Living
Relationships and Social Support
Leisure and Recreation
CPS Involvement

Take charge and take back your life!