

CARE

SOUTHEASTERN MICHIGAN

31900 Utica Road
Fraser, MI 48026

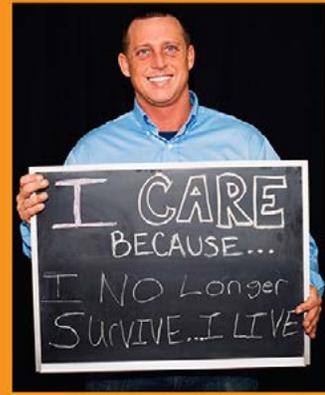
586-541-2273
www.careofsem.com

Please GIVE because you CARE

Your gift today means in 2016,

CARE can help more families

become VICTORS not victims.



MEET ANDREW

A CARE Hero among Heros

What Is a Peer Recovery Coach?

CARE's Peer Recovery Coach program employs peer recovery coaches to work with individuals who are actively engaged in substance abuse treatment and working toward long term recovery and freedom from addiction.

Peer recovery coaches are trained men and women who have succeeded in breaking the chains of addiction and now lead a full and joyful life of sustained recovery. CARE's Peer Recovery Coaches don't "talk the talk", but are able to "walk the walk" 24x7 as trusted "healing partners" in the recovery process and road to long-term health and well-being.

772 People
Were helped by CARE's Peer
Recovery Coaches between
Oct. 2014 – Sept. 2015

[Click Here](#) for more information about CARE's Peer Recovery Coaching Program or [Click Here](#) to download the Recovery Coach Brochure To learn more about us, visit our website at www.careofsem.com

I was 21 years old, on the cusp of completing my Associates Degree with a good GPA and, by all standards, living the life of a normal 21 year old. I graduated high school on time with good grades and worked for my family's business.

However, inside I was dying. I was hopelessly addicted to opiates (pain killers). Over time, what started with, what I considered, "less hazardous" prescription painkillers had progressed into daily heroin use. I attended a 5 day detox the previous year. The staff at the treatment center tried to get me to stay longer for the residential program, but after 5 days, I figured I was cured. Shortly after leaving the treatment center, I began smoking marijuana again and drank alcohol occasionally. I figured I could handle these substances because of their social acceptability. However, after a few months, I began using prescription painkillers again and sooner than later, heroin.



The amount of shame was greater this time. Less than a year earlier my family assisted me in getting in to treatment, and now I had already descended into a deeper, darker place in my addiction. I soon stopped working and, after finishing college, I stopped paying for my truck. My family eventually found out but was not as willing to help this time. In reality, I was beyond having them help. I didn't want to get clean because drugs seemed to be my only solution to the real problem; dealing with myself.

After a time of using and staying wherever I could from night to night, the pain became great enough to reach out for help. But who was there to help? Someone I was using with mentioned an organization called CARE in Fraser that could help me go back to treatment. When I finally made it to the CARE office I was treated with respect, and could tell that these people wanted to help me. The waitlist was full at the time and I was told it would take a few weeks to get me into treatment. But CARE staff told me to call them every few days and they would notify me of an earlier opening if available. I remember using a payphone in Detroit near the neighborhood where I bought drugs and called CARE. It had only been 5 days but when the CARE employee told me they actually had an opening in two days, I was ecstatic and immediately felt relief that I would not have to keep killing myself with drugs on a daily basis.

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Since January of 2015, CARE has helped over 20,000 children and adults access education, treatment, counseling and youth camps.

- \$30 provides 8 week parenting classes for a struggling caregiver.
- \$50 pays for a family to attend "Teen Intervene" for teens suspected of experimenting with substances.
- \$100 sends a child struggling with a loved one's addiction, and their caregiver, to summer camp.
- \$150 provide an 8 weeks "Paper People" prevention program to a local early childhood classroom.
- \$200 provides a low income pregnant mother with necessary items for her baby.
- \$350 helps with treatment costs for a low income adolescent suffering from mental health issues.
- \$500 covers the cost of a Peer Recovery Coach for 12 months to help a person seeking sobriety.

Please consider making a contribution today – because you care. Your help can be a one-time donation or a monthly pledge in any amount.

Donate

To learn more about us, visit our website at www.careofsem.com

CARE helped me get into treatment and became a building block for my recovery. The selflessness of CARE staff was something I desired to someday have in my life. After attending 12 step groups and other recovery resources, I became intent on trying to help others find the same freedom I had found in recovery. When I had 7 years clean, a friend mentioned that CARE had started a Peer Recovery Coaching Program and that they were hiring. I applied for the job and was happy when I received a return call for an interview. I told this same story during the interview process and CARE was delighted to hear that their services had made such an impact on me. I was hired and have loved being able to be of service to others struggling with addiction for my employment. It is hard to call being a Peer Recovery Coach a job since I view it as such a blessing and gift. For a population that is often stigmatized, CARE offers real world solutions to issues surrounding addiction and is adding more programs to assist in other areas of life. More than anything, the entire staff at CARE offer hope, and treat their clients with empathy, respect, and dignity. Today I am proud to call myself not only a person in long term recovery, but a person who works for an agency that seeks to help anyone overcome roadblocks in their lives and live to their fullest potential.



– Andrew Brown, Peer Recovery Coach

We will continue to share the stories of the remarkable people whose lives have been transformed by CARE and, like Andrew, have chosen to join our team so that their life's journey can help others achieve their own victory and live rewarding lives like Andrew. CARE's Peer Recovery Coaches helped 772 people in recovery between October 2014 through September 2015, a 68% increase over the previous year! In October and November of this year, our coaches have already seen another 48% increase over last year! CARE helps 20,000 people every year. Not only does CARE provide clinical intervention to help individuals achieve recovery and live meaningful and productive lives filled with joy; CARE offers many prevention programs, workshops and youth camps to families, schools and organizations that help others avoid experimentation, elevate awareness about the dangers of prescribed medications and prevent use and addiction before it happens.

WE CAN'T DO IT WITHOUT YOUR HELP!

Please donate today!

A **\$50** donation helps a family attend the Teen Intervention Program before it's too late for their child!

Just **\$250** will cover the cost of a Peer Recovery Coach for 6 months to a person struggling with addiction but cannot afford support from someone like "an Andrew" in their life.

2014
SNAPSHOT



474

PEER RECOVERY PARTICIPANTS

12,409

EDUCATIONAL PROGRAMS ATTENDEES

706

CASE MANAGEMENT SERVICES

22,413

NUMBER OF PEOPLE SERVED ANNUALLY

16,580

COMMUNITY ORGANIZING AND TECHNICAL ASSISTANCE

3,234

PEOPLE ASSESSED OR SCREENED AT CARE