

Parent/Child Workshop



FREE Workshop: Bringing Children Into The Kitchen

For parents/caregivers **AND** their children five and under

- Guided by a teacher, providing parents with new and exciting ways to include children in the meal preparing process.
 - Learn how children who help in the kitchen can build skills in every developmental area: fine motor, gross motor, problem solving, communication, personal-social.
- Children that are involved in creating a meal are more likely to try new foods.
- Snacks provided

Date: Wednesday, December 18, 2019

Time: 6:00-7:30 PM

Location: 31900 Utica Rd Fraser MI 48026

Space is Limited

For more information or to register contact:

CARE of Southeastern Michigan

586.541.2273

