

What students and parents are saying...

“The counselor was wonderful...very interested in helping to place my son where he should be. Thanks!!”

“The yelling has stopped and the talking has started.”

“CARE is very responsive to the needs of the clients and I think it is a very good agency. I would one day like to work for CARE.”

“At first, I thought the appointment would be rough. I actually feel much better after I talked with the counselor.”

“I find myself trying different approaches to difficult situations.”

“The counselor took time with us and explained and addressed all of our concerns.”

“I really enjoyed my counselor. She was very understanding and didn't judge me. Thank you!!!”



Main Office

31900 Utica Road
Fraser, Michigan 48026

Student Assistance

586.541.2273

Youth & Family Programs

586.541.0033

WorkLife Solutions Programs

866.888.1555

www.careofsem.com

CARE's mission is to educate, link and support individuals, families, businesses and communities affected by family concerns, workplace challenges, mental health conditions and the misuse of alcohol, tobacco, and other drugs in southeastern Michigan.

CARE of Southeastern Michigan's Student Assistance is funded by Macomb County Community Mental Health Office of Substance Abuse, Macomb County school districts and fundraising efforts. Funded in part by PNC Bank.

Recipients of substance abuse services have rights protected by state and federal law and promulgated rules. For information, contact CARE of Southeastern Michigan Recipient Rights Advisor, 31900 Utica Road, Fraser, MI 48026, (586) 541-0033 or State Recipient Rights Coordinator, P.O. Box 30664, Lansing, Michigan 48909.



CARE of Southeastern Michigan



Student Assistance

CARE invests in youth by working with Macomb County communities, school personnel and parents to promote the healthy development and education of young people.

CARE's Student Assistance 586.541.2273

- Does your child/student have difficulties at school or in other social settings?
- Have you noticed a change in your child's/student's behaviors and/or attitudes?
- Are you concerned that your child/student may be using alcohol or other drugs?

CARE of Southeastern Michigan's Student Assistance program has agreements with most Macomb County's school districts and provides opportunities for their students, their families and district personnel. CARE of Southeastern Michigan's Student Assistance staff work closely with students who are experiencing problems that negatively impact their ability to achieve academic success.

Students and their families who are experiencing substance use or social and emotional health concerns and meet certain criteria can make an appointment with an experienced and licensed clinician to determine the root cause of their problems. Students and families will receive assistance in gaining access to the most appropriate service for their area of concern.

For more information about the Student Assistance program, please contact the Student Assistance Coordinator at 586.541.0033.



Youth and Family Programs 586.541.0033

Visit www.careofsem.com for locations, times, and dates for all programs.

Skills for Managing Anger

A six-week educational series for youth experiencing difficulties because of their inability to manage strong emotions.

Teen Intervene: Power of Drugs and Alcohol

A workshop designed to provide education, support and guidance to teens that have experienced mild to moderate use of alcohol or other drugs. This program also offers parents and guardians the opportunity to learn healthy communication skills and the importance of establishing family rules regarding alcohol or other drug use.

* Parent participation required

Project FOCUS

Families Over Coming Crisis and Understanding Strengths

Two summer day camps are offered for children who have been impacted by the problematic use of alcohol and/or other drug dependency by a loved one. In its 13th year of operation, these sessions offer countless opportunities for children 5-16 to learn that "they did not cause it, they can't change it and they can't control it."

Parent Programs

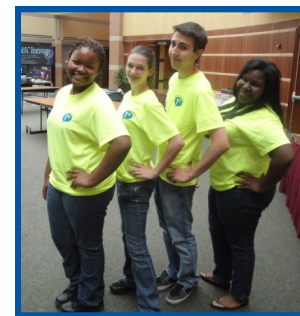
Parent Education Classes

An 8 week series for parents to discuss ways to understand behavior, build self-esteem, increase cooperation and provide discipline that teaches personal responsibility. Groups include early childhood (ages 0-5), school age (ages 6-12) and teens (ages 13-18). A book for the appropriate age group is required.

CARE Sponsored Teen Advocacy Group

Teens Talking Truth (T3)

Teens participate in a variety of activities focused on decreasing alcohol, tobacco and other drug use by their peers. Together they support and encourage one another to develop strong leadership and communication skills.



Community Service Hours

Help CARE in the office! Spend a few hours processing a mailing, organizing presenter packets or putting together kits for one of our many programs.