

Young Women's Lives[®]

CARE presents a 12 week empowerment program for young women ages 14-17 and their parents based on Hazelden developed curriculum



**Call CARE
586.541.0033
For program details**

Young Women's Lives[®] is an opportunity for young women to **celebrate** and enhance their strengths, creativity, and intelligence.

This series will **empower** young women to heal from the effects of violence, understand past destructive decisions including the role of alcohol, tobacco, and other drug use, and learn new ways to address:

- ▣ **Social Pressures & Social Justice**
- ▣ **Bullying**
- ▣ **Sexual Harrassment**

A parent or other caretaker participation is required.

Parent/caretaker will understand the challenges of young women today as well as learn ways to effectively communicate with teens.

The fee for this workshop is \$360 per family (one teen and parent/caretakers) for those teens who attend a school with a full service agreement with CARE or whose parents are covered under an Employee Assistance agreement. All other families will be charged a fee of \$400.

The book, "Parenting Teenagers" by Dinkmeyer and McKay is recommended.

Please call 586.541.0033 for more information or to register.

CARE is located at 31900 Utica Road, Fraser, MI 48026

CARE is an agency that promotes the empowerment of individuals and families through relationships with schools, businesses, public services and other community based organizations. Solution-focused programs and activities are designed to strengthen individuals in their role as employees, students and as family members. Visit us online at www.careofmacomb.com or call 586.541.0033 to find out more.



CARE (Community Assessment Referral and Education) is dedicated to the prevention of alcohol, tobacco and other drug use disorder. Federal, state, and local funding have been provided through Macomb County Community Mental Health/Office of Substance Abuse to support project costs. Recipients of substance use services have rights protected by state and federal law and promulgated rules. For information, contact CARE Recipient Advisor, 31900 Utica Road, Fraser, MI 48026, (586) 541-0033 ext. 116 or State Recipient Rights Coordinator, P.O. Box 30664, Lansing, Michigan 48909.