

# Young Women's Lives<sup>®</sup>

An 8 week empowerment program for young women, ages 14-17, and their parents based on the Hazelden curriculum.

**CARE** presents

## Young Women's Lives<sup>®</sup> -

An opportunity for young women to celebrate and enhance their strengths, creativity, and intelligence.

This series will empower young women to heal from the effects of violence, understand past destructive decisions including the role of alcohol, tobacco, and other drug use, and learn new ways to address:

- ▣ Social Pressures & Social Justice
- ▣ Bullying
- ▣ Sexual Harassment

### A parent or other caretaker participation is required.

Parent/caretaker will understand the challenges of young women today as well as learn ways to effectively communicate with teens.

*The book, "Parenting Teenagers" by Dinkmeyer and McKay is recommended.*

**DATE:** September 29—November 11, 2009

**TIME:** 6:30—8:00 pm

**PLACE:** CARE - 31900 Utica Rd, Fraser, MI

**COST:** \$25.00 for eight sessions

Funding provided by Macy's Department Store

**Call 586.541.0033 for more information**



Real solutions for real life

[www.careofmacomb.com](http://www.careofmacomb.com)

CARE is an agency that promotes the empowerment of individuals and families through relationships with schools, businesses, public services and other community based organizations. Solution-focused programs and activities are designed to strengthen individuals in their role as employees, students and as family members.