

Triumph through the Challenges of FASD*

An (8) eight-week training workshop for individuals caring for a child with FASD or other brain-based disability (i.e.. ADHD). **Perfect for parents or professionals, including teachers.**

Mark was diagnosed with FASD. His parents shared the frustration they experienced during years of trying to find help for their son. "He was holding us **hostage** through his **behavior.**" Professionals just kept saying 'Be consistent and, if you love him enough, he'll come around.' Unfortunately, that just set them up for failure. Through a better **understanding** of FASD, and practicing parenting **strategies** specific to a child with FASD, life looks different for this family today. They learned that **"Mark didn't change, we did."**

*Triumph through the challenges of Fetal Alcohol Syndrome is a curriculum developed by Double ARC in Toledo, OH with funding from the Department of Health and Human Services, Centers for Disease Control and Prevention.

Workshop topics will include:

- Facts about Fetal Alcohol Spectrum Disorder (FASD).
- **WHY** do they act that way?
Learn the science behind the FASD behavior.
- Life with FASD can be a challenge.
Learn specific coping skills.
- Event + Response = Outcome.
Develop effective responses to the behaviors.
- Self-esteem, friend-making, and social skills.
- How do I **ADVOCATE?**

DATE MONDAYS, March 12 — May 14, 2012
(no class April 9 & April 30, 2012)

TIME 6:00 — 8:00 pm

COST NO COST. Workshop is FREE.

Parent Workbook for \$25.00* available for purchase at CARE.

(NEW) PLACE Macomb Intermediate School District (MISD) Building, Room 205
4400 I Garfield Rd, Clinton Twp, 48038
(South of Hall Road)

Pre-registration required
Please phone 586.541.0033



**NOTE:
LOCATION CHANGE**



CARE's mission is to educate, link and support individuals, families, businesses and communities affected by family concerns, workplace challenges, mental health conditions and the misuse of alcohol, tobacco, and other drugs.