



S.A.S.S.

SUBSTANCE ABUSE SUPPORT SERVICES

Class Topics

January 26th

The importance of 12 step meetings and sponsors

February 23rd

Substance abuse and domestic violence both emotional and physical

March 22nd

Relapse triggers - how do I cope with them?

April 26th

Substance abuse and your physical health

May 24th

Importance of safe housing after substance abuse treatment

June 28th

The types of substance abuse treatment and how they help

July 26th

Substance abuse and anger management

August 23rd

Substance abuse and how it relates to parenting

September 27th

Substance abuse and mental health

October 25th

How can I help someone who has an addiction to alcohol and/or drugs?

November 29th

What is support? Where can I find it?

December 20th

How substance abuse affects the people I love

Family Education 2012

What are SASS Classes?

CARE is sponsoring a free education program for community members and families concerned about the recovery process. Each class presents an issue relating to treatment readiness and understanding.

Pre registration is not required.

Who should attend?

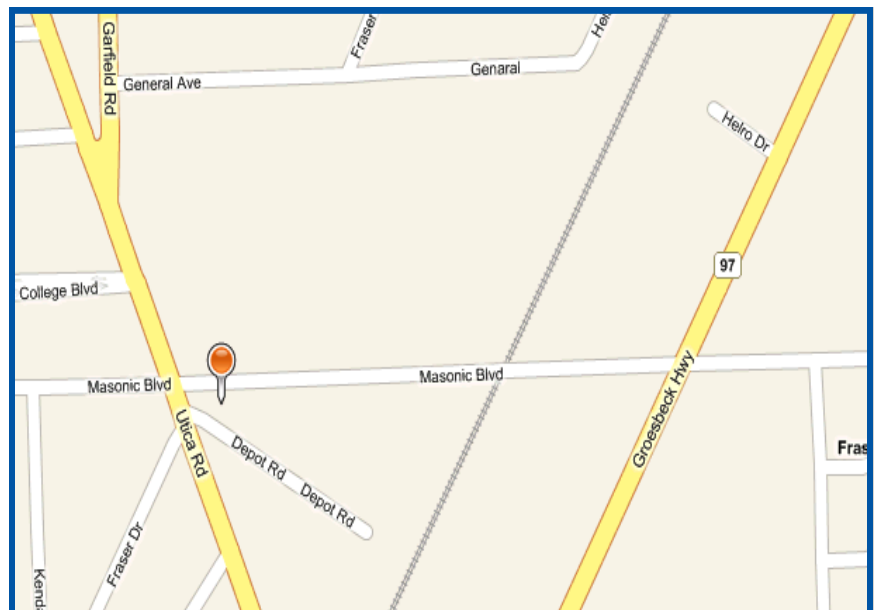
- People in early recovery.
- Families and others who care about recovery issues.

When and where are the classes?

The classes are scheduled on the 4th Thursdays of the month (except December) from 2:00 - 3:30 pm and held at CARE, in the lower level at 31900 Utica Rd., Fraser, 48026.

For more information, call 586.541.0033

31900 Utica Road
Fraser, 48026
(corner of Masonic and Utica)



CARE of Southeastern Michigan is dedicated to the prevention of alcohol, tobacco and other drug use. Federal, state and local funding has been provided through Macomb County Mental Health/Office of Substance Abuse to support project costs.

MCOSA
Macomb Office
of
Substance Abuse